THE IMPACT OF VAPING ON MONTEZUMA COUNTY’S YOUTH

59% of Montezuma County youth have tried vaping at least once.

ONLY 41% of area high schoolers think that people who vape are at risk of harming themselves.

WHY IS THIS A CONCERN?

• E-cigarettes contain nicotine, an addictive chemical that can harm young brains.
• The chemicals in vape can cause depression, anxiety, and learning disorders in youth.

WHAT CAN YOU DO?

• Get the facts about vaping and talk to the young people in your life about the risks.
• Learn about strategies to discourage youth from vaping and using tobacco, such as raising the price of tobacco products.
• Youth who feel safe and involved at school are less likely to vape. Support safe school policies and encourage schools to enforce tobacco-free policies.

QUESTIONS?
Email Megan Bradley at Montezuma County Public Health: mbradley@co.montezuma.co.us

Source for local data: 2017 Healthy Kids Colorado Survey of Montezuma County Youth