

THE IMPACT OF VAPING ON MONTEZUMA COUNTY'S YOUTH

Youth E-Cigarette Use



Montezuma County | **40%**

Colorado Average | **27%**

59%

of Montezuma County youth have
tried vaping at least once.

ONLY
41%

of area high schoolers think
that people who vape are
at risk of harming
themselves.

WHY IS THIS A CONCERN?

- E-cigarettes contain nicotine, an addictive chemical that can harm young brains.
- The chemicals in vape can cause depression, anxiety, and learning disorders in youth.

WHAT CAN YOU DO?

- Get the facts about vaping and talk to the young people in your life about the risks.
- Learn about strategies to discourage youth from vaping and using tobacco, such as raising the price of tobacco products.
- Youth who feel safe and involved at school are less likely to vape. Support safe school policies and encourage schools to enforce tobacco-free policies.

QUESTIONS?

Email Megan Bradley at Montezuma County Public Health: mbradley@co.montezuma.co.us

