

PREPARE FOR SNAP AND MEDICAID CHANGES!

What To Expect: SNAP households will see a reduction in monthly SNAP benefits and Medicaid renewals will begin again

Why is this change happening?

This change is happening because the State and Federal Public Health Emergency declaration that was in place due to COVID-19 is ending soon. When that declaration ends, SNAP households will see a reduction in monthly benefits to the pre-pandemic amount. Medicaid members will need to complete renewals which have been on pause through the emergency declaration.

When is this happening?

We don't know. The Federal Government will give us 60-day notice and we'll notify you right away.

What actions do I need to take?

Medicaid members:

- Update your mailing address, phone number and email to make sure you get your renewal letter at [Colorado.gov/PEAK](https://colorado.gov/PEAK).
- Be on the lookout by mail or email for your renewal. You need to respond to see if you still qualify for health coverage. Those letters go to your mailing address or email, so it is important that your contact information is up to date.
- After the public health emergency ends and you no longer qualify for Medicaid, get coverage through [Connect for Health](#).

SNAP households:

Unfortunately, there is no action you can take. SNAP benefits will decrease for everyone at the end of the public health emergency.

What Can I Do To Help My Family Through This Change?

We know this change may have a significant impact on many SNAP families. A few tips for you are:

- If you are able to, you can roll over your EBT benefits to the next month. This may help cushion the impact of the reduction in benefits.
- You can stock up on non-perishable items now, while you have the additional benefits. Click on these links for tips on stocking your pantry: [English](#) | [Spanish](#)
- Stretch your ingredients and plan to use them in more than one meal. This helps to save money and reduce food waste. Click for more tips: [English](#) | [Spanish](#)
- Consider freezing your produce to make fruit and vegetables last longer [English](#) | [Spanish](#)
- Visit <https://www.foodpantries.org/st/colorado> to find the closest food pantry to you.